



ANCIENS SOUS-OFFICIERS DE RESERVE & MILITAIRES LUXEMBOURGEOIS



International Orientating March A.S.O.R.L 2022

Info: Don't forget

- Field cot, sleeping bag.
- Pocket notebook, pen, pencil, map triangle.
- Compass, flashlight, head lamp with a red or green light.
- Extra uniform, towel, soap, etc.
- Knife, fork, spoon, camping cup and, if possible, a plate.
- First-aid kit, COVID face mask, disinfectant.
- Weather friendly clothing, rain jacket, protective clothing in case of wind and cold temperatures. Only in winter.
- For the teams that arrive on Friday, the evening meal must be brought by the team.

**The mandatory mask is not everywhere
For example, on the orientating march
Please observe the COVID rules**

The 3G rule EU COVID certificate applies

- Covid Pass
- Vaccinated, tested, recovered.
- PCR test 76 hours